

Proof of Karma: Why Life's Unequal Beginnings May Not Be Random

written by Bhaskarananda | April 20, 2026

Pause for a moment and look at the world honestly.

Two children are born on the same day.

One arrives in comfort, health, and opportunity. Another opens their eyes in struggle, sickness, or conflict.

One child sings like a trained musician at age five. Another can barely concentrate.

One person is effortlessly charming. Another is ignored or rejected.

If life begins at birth, none of this makes sense. But the **Bhagavad-gita** gives a deeper, far more compassionate explanation.

1. You Are Not the Body – You Are the Eternal Soul

Krishna begins with the foundation:

“As the embodied soul continually passes from boyhood to youth to old age, the soul similarly passes into another body at death.” – Bhagavad-gita 2.13

You've already changed bodies many times in this life. Death is simply the next change.

So birth is not the beginning. It's a **continuation**.

2. Unequal Beginnings Are Not Random

Why do people start life with such different:

- talents
- health
- wealth
- intelligence
- emotional tendencies
- opportunities

If we only live once, it feels unfair.

But the Gita explains: **we carry our past actions, desires, and impressions (karma and samskaras) into the next body.**

Not as punishment. Not as blame. But as **continuity**.

Birth is a new chapter – not a new book.

3. Karma Makes Sense of the Mysteries of Life

Think about it:

Child prodigies

A five-year-old playing like a master? The Gita says they practiced before – in another life.

Unexplained fears

Terrified of water or fire without any reason? Past impressions can surface in the new body.

Dreams of unknown places

The mind carries subtle memories from previous journeys.

Different personalities from birth

Even newborns show distinct tendencies – because the soul arrives with history.

Vedic astrology

Your birth chart reflects the momentum you bring from previous lives.

Nothing is random. Everything is connected.

4. Reincarnation Is the Natural Continuation of Consciousness

Krishna states:

“For the soul there is never birth nor death... He is not slain when the body is slain.” – Bhagavad-gita 2.20

If consciousness survives death, it must continue somewhere. Reincarnation is simply the next step in the soul's journey.

5. The Real Purpose of Knowing Karma

The goal is **not** to obsess over past lives.

The goal is to take responsibility **now**.

If actions follow us beyond death, then:

- kindness matters

- discipline matters
- choices matter
- spiritual practice matters

And Krishna gives the highest promise:

“One who understands My divine appearance and activities never takes birth again.” – Bhagavad-gita 4.9

The real success is not a better next life. It is **ending the cycle** and returning to Krishna.

Final Thought

Maybe life isn't unfair. Maybe life is **longer** than we think.

Maybe the gifted child practiced before. Maybe today's fear began earlier. Maybe blessings are old seeds. Maybe struggles are lessons in progress.

You are not a temporary body starting at birth. You are an eternal soul on a long journey – moving through many lives until you choose to go home to Krishna.