

What Your Soul Has Been Searching for All Along

written by Bhaskarananda | June 17, 2026

Every material desire in the human heart – lust, greed, anger, envy, ambition – is actually a distorted echo of one missing experience:

Love for Krishna.

When the soul forgets its original relationship with Krishna, it begins searching for substitutes. It runs after people, achievements, possessions, and identities, hoping one of them will finally fill the inner void.

But the ancient sages explain that this emptiness is not psychological – it is spiritual.

□ Why We Chase Pleasure, Power, and People

Why does someone chase romance? Why does another chase wealth or fame?

Because the soul is hungry.

For lifetimes, we have tried to satisfy the heart with temporary things. But the soul is eternal – so temporary things can never satisfy it.

This is why the Bhāgavatam declares:

“By rendering loving service to the Supreme Lord, the soul becomes fully satisfied.” (SB 1.2.6 – yayātmā suprasīdati)

This single line reveals the entire mystery of human longing.

We are not chasing women, money, or status. We are chasing **connection** – but looking in the wrong direction.

□ Lust Is Misplaced Love

The teachings explain that:

- **Lust** is love pointed toward matter.
- **Greed** is the soul trying to feel full.
- **Anger** is the soul reacting to frustration.
- **Envy** is the soul feeling incomplete.

These emotions are not the root problem. They are symptoms of a deeper disconnection.

They whisper:

“You are searching for Krishna.”

□ What Happens When the Soul Turns Toward Krishna

The Bhagavad-gītā describes this transformation beautifully:

“One who tastes the higher happiness loses attraction for lower pleasures.” (Gītā 2.59)

And again:

“In that joyous state, one is situated in boundless transcendental happiness, realized through transcendental senses. Established thus, one never departs from the truth, and upon gaining this he thinks there is no greater gain. Being situated in such a position, one is never shaken, even in the midst of greatest difficulty. This indeed is actual freedom from all miseries arising from material contact.”

(Gītā 6.20–23)

When the heart reconnects with Krishna:

- Lust weakens.
- Greed dissolves.
- Anger softens.
- Envy fades.
- The mind becomes peaceful.
- The soul feels complete.

Not because we forced ourselves to be detached – but because we finally tasted something higher.

□ The Real Question: What Are You Searching For?

Every longing you've ever felt... Every disappointment... Every craving... Every heartbreak...

All of them point to one truth:

The soul wants Krishna.

Not as a ritual. Not as a philosophy. But as a relationship.

When that relationship awakens, the chasing stops. The heart rests. Life becomes simple, joyful, meaningful.

Because the soul has finally found what it has been searching for across lifetimes.

And in that connection – *yayātmā suprasīdati* – the soul becomes completely satisfied.