

□ Seeing Beyond Matter: Discovering Krishna Behind All Nature

written by Bhaskarananda | August 24, 2026

Most people spend their entire lives looking only at the surface of reality—bodies, emotions, money, relationships, politics, success, failure. But the **Bhagavad-Gītā** invites us to develop a deeper, more luminous vision: to see **Krishna**, quietly guiding everything behind the curtain of material nature.

This is not mythology. This is the most practical shift in consciousness a human being can make.

□ The Dance of Material Nature – And Krishna Behind It

Material nature is dazzling. It pulls our attention toward its endless interactions—pleasure and pain, gain and loss, praise and criticism. The Gita calls this dance **the three modes of nature**: sattva, rajas, and tamas.

Krishna explains:

*“This material nature is working under My direction.”
(Bhagavad-Gītā 9.10)*

This means the modes are not random. They are part of Krishna’s intelligent system for educating the soul.

Every emotion you feel, every impulse you experience, every conflict you face—these are the modes interacting with your consciousness.

Understanding this is the first step toward seeing beyond matter.

☐☐ Seeing Krishna Behind Everything

Krishna is not hidden. He is simply seen through a different lens.

The Gita reveals:

“I am seated in everyone’s heart.” (Bhagavad-Gītā 15.15)

Just as electricity powers every device but remains unseen, **Krishna** powers every living body from within.

When you walk through a forest, when you see the sun rise, when you watch people interact—behind all of it is Krishna’s presence.

Matter is not independent. Nature is not random. Life is not accidental.

Everything is Krishna’s energy.

☐ Nature as Krishna’s Signature

The Gita repeatedly urges us to look deeper:

“Of lights I am the sun.” (Bhagavad-Gītā 10.21)

“I am the taste of water.” (Bhagavad-Gītā 7.8)

“I am the life of all that lives.” (Bhagavad-Gītā 7.9)

These are not poetic metaphors. They are instructions for spiritual vision.

When you see nature, you are seeing Krishna's artistry. When you see life, you are seeing Krishna's energy. When you see consciousness, you are seeing Krishna's presence.

Matter becomes spiritual when seen through Krishna's teachings.

□ The Reality of the Modes – Your Daily Experience

The modes are not philosophical concepts; they are daily experiences:

- **Sattva** brings clarity, peace, and wisdom.
- **Rajas** brings restlessness, ambition, and dissatisfaction.
- **Tamas** brings laziness, confusion, and inertia.

Krishna explains:

“Material nature consists of three modes—goodness, passion and ignorance—and when the eternal living entity comes in contact with nature, O mighty-armed Arjuna, he becomes conditioned by these modes.” (Bhagavad-Gītā 14.5)

Every conversation, every decision, every emotion is colored by these modes.

But Krishna stands beyond them.

And when we remember Him, we also rise beyond them.

□ Living in the World While Seeing

Beyond It

The Gita is not meant for monks alone. It is meant for people living right in the middle of the world—working, raising families, facing challenges.

Krishna's instruction is simple:

“Always think of Me.” (Bhagavad-Gītā 9.34)

Not by escaping the world, but by **seeing the world through Krishna's presence.**

When you see beauty—remember Krishna's artistry. When you see suffering—remember Krishna's lessons. When you see the modes acting—remember Krishna's supervision. When you see your own mind reacting—remember Krishna's presence within.

This is how spiritual vision grows.

♥☐ The One-Solution Path

People struggle with:

- stress
- relationships
- anger
- confusion
- anxiety
- loneliness
- fear
- disappointment

The Gita's message is bold and direct:

“Abandon all varieties of religion and just surrender unto Me.” (Bhagavad-Gītā 18.66)

Because when you love Krishna, you rise above the modes. When you rise above the modes, you stop being controlled by matter. When you stop being controlled by matter, you become peaceful, wise, and fearless.

This is not escapism. It is the highest realism.

□ **Conclusion: See Beyond Matter**

The world is not just matter interacting with matter. It is Krishna's energy interacting under Krishna's supervision, for Krishna's purpose.

When you learn to see Krishna behind everything, life becomes clearer, lighter, and meaningful. You stop reacting blindly to the modes and start responding consciously with devotion.

This is the Gita's gift: **A way to live in the world while seeing beyond it.**