

The One Friend Who Never Misunderstands You: Why Only the Supersoul Truly Knows Your Heart

written by Bhaskarananda | July 23, 2026

We Think We Know People – But We Don't

Let's be honest.

We spend a lot of time trying to guess what others are thinking:

- *What did he mean by that?*
- *Why did she say this?*
- *Is my son hiding something?*
- *My friend must be upset.*
- *They probably think I'm wrong.*
- *He must be jealous.*
- *She must be judging me.*

We assume. We guess. We project. We overthink.

But the truth is simple:

You cannot know exactly what another person is thinking – not even your own child, spouse, or closest friend.

And here's the deeper truth:

You cannot fully know your own mind either.

Our thoughts change. Our emotions shift. Our desires contradict each other. Our mind surprises us every day.

So why do we try to play God by assuming we can read hearts?

The Gītā's Gentle Correction

Krishna gives a profound reminder in the Bhagavad Gītā:

"I am seated in everyone's heart." (Gītā 15.15)

This one line destroys the illusion that we can truly know another person's inner world.

Only Krishna – as **Paramātmā**, the Supersoul – knows:

- every thought
- every fear
- every desire
- every intention
- every struggle
- every prayer
- every secret
- every pain

We don't.

We can't.

We never will.

And that's okay – because **He** does.

The Closest Friend You Will Ever Have

Krishna says:

“I am the benefactor and well-wisher of all living beings.”
(Gītā 5.29)

Not a distant friend. Not a symbolic friend. Not a philosophical friend.

A **literal, personal, ever-present** friend sitting in your heart.

He knows you better than:

- your parents
- your spouse
- your children
- your best friend
- your therapist
- your own mind

He knows your past, present, and future. He knows your intentions even when your actions fail. He knows your sincerity even when your words stumble. He knows your heart even when you don't.

Why Trying to “Read Minds” Creates Suffering

When we try to guess what others are thinking, we fall into:

- misunderstanding
- overthinking
- suspicion
- false expectations
- unnecessary anxiety
- emotional drama
- ego battles
- hurt feelings

- broken relationships

Because we are trying to do something **only the Supersoul can do**.

Trying to be God always leads to frustration.

Letting God be God leads to peace.

The Freedom of Letting Go

When you stop trying to read minds, something beautiful happens:

- You stop misjudging people.
- You stop assuming the worst.
- You stop creating imaginary problems.
- You stop carrying emotional burdens.
- You stop trying to control relationships.
- You stop expecting perfection.
- You stop playing God.

And you start trusting the One who actually knows.

You start living with humility. You start relating with compassion. You start listening more. You start loving more. You start forgiving more.

Because you finally understand:

Only Krishna knows the heart. We are simply meant to love, serve, and trust.

The Supersoul Is Your Anchor

In a world where:

- people misunderstand you
- people misjudge you
- people hide their feelings
- people change their minds
- people disappoint you
- people confuse you

Krishna remains steady.

He is the witness. He is the guide. He is the friend. He is the knower of all hearts.

And when you turn to Him, you stop drowning in assumptions and start resting in truth.

Final Thought

You don't need to read minds. You don't need to guess intentions. You don't need to play God.

You only need to remember:

The Supersoul in your heart – and in everyone's heart – knows everything perfectly. He is the closest friend you will ever have.

And when you trust Him, life becomes lighter, relationships become sweeter, and the mind becomes peaceful.

The Identity Trap: How We

Forget Who We Really Are

written by Bhaskarananda | July 23, 2026

And Why the Bhagavad Gītā Says Our Real Self Is Far Greater

The Modern Problem: We Wear a Thousand Masks

Every day we wake up and immediately put on identities:

- *I am successful.*
- *I failed.*
- *I must achieve this.*
- *I must enjoy that.*
- *I must protect my family.*
- *I must save more.*
- *They are enjoying more than me.*
- *They are rich, beautiful, powerful.*
- *I am poor, weak, behind.*
- *I did everything – I deserve the result.*
- *I am the shelter for my family.*
- *I must keep up with news, movies, politics, travel.*
- *I must satisfy my senses.*

We spend hours scrolling, comparing, competing, worrying, hankering, protecting, proving.

And in the middle of all this noise, one truth gets buried:

These identities are temporary. None of them are the real “me.”

The Gītā's Shockingly Simple Reminder

Krishna gives one of the most liberating statements in the entire Bhagavad Gītā:

“The soul is eternal and cannot be destroyed.” (Gītā 2.20)

Meaning:

You are not the anxious achiever. You are not the frustrated protector. You are not the political observer. You are not the sense-enjoyer. You are not the body you decorate and compare.

You are **eternal**, untouched by the ups and downs of material life.

And then Krishna says something even deeper:

“All living beings are My parts and parcels.” (Gītā 15.7)

This is the real identity we forget.

We are **not** the temporary labels. We are **not** the mental chatter. We are **not** the social roles.

We are **Krishna's own energy**, connected to Him like a spark to a fire.

Why We Forget Our Real Identity

Because the world constantly pulls us into:

- anxiety about goals
- obsession with enjoyment
- endless comparison
- attachment to results
- fear of losing
- pride in winning

- scrolling through news, movies, politics
- judging others
- judging ourselves
- protecting, saving, controlling
- hankering for more, more, more

This is the cycle of **material identity formation**.

Every identity is fragile. Every identity is temporary. Every identity is exhausting.

And every identity hides the real one.

The Result: A Life of Endless Hankering

When we forget our spiritual identity, we fall into the trap of:

- *I must enjoy.*
- *I must achieve.*
- *I must protect.*
- *I must be recognized.*
- *I must be better than others.*
- *I must fix everything.*
- *I must be the shelter.*

This is why the mind never rests.

Because the mind is trying to secure identities that **don't belong to us**.

The Gītā's Solution: Remember Who

You Are

Krishna's message is simple:

You are **not** the temporary identities. You are **not** the mental noise. You are **not** the material labels.

You are **His part and parcel** – eternal, blissful, conscious.

When we remember this, something beautiful happens:

- Anxiety softens.
- Comparison fades.
- Attachment loosens.
- Sense enjoyment loses its grip.
- The mind becomes peaceful.
- Life becomes simpler.
- Relationships become sweeter.
- Purpose becomes clearer.

Because the soul finally stops pretending.

The Real Identity: A Child of Krishna

You are not the achiever. You are not the protector. You are not the enjoyer. You are not the controller.

You are the **beloved child of Krishna**, supported by Him, guided by Him, sheltered by Him.

And when you remember that, the temporary identities fall away like old clothes.

You finally breathe. You finally rest. You finally live.

Science Can't Explain Everything – So Why Ignore Intelligence?

written by Bhaskarananda | July 23, 2026

The Big Idea

Scientists often say, “*If you can't explain something, don't jump to God.*” Fair enough.

But here's the real situation:

It's **not one thing** we can't explain. It's **millions** of things – across physics, biology, consciousness, cosmology – that stubbornly refuse to fit inside the box of physical laws.

At some point, the question becomes unavoidable:

If reality keeps showing signs of deeper intelligence, what's the problem in giving the benefit of doubt to an intelligent designer?

That's not blind faith. That's **reasonable**.

And here's why this idea is exploding across science, philosophy, and spirituality.

□ 1. Science Has Edges – And They're Not Small

Modern science is breathtakingly powerful. But even the most

advanced fields openly admit their limits:

- **Physics** cannot explain why the laws of nature are *finely tuned* for life.
- **Biology** cannot explain the origin of consciousness.
- **Cosmology** cannot explain what existed before the Big Bang.
- **Neuroscience** cannot explain subjective experience (“qualia”).
- **Mathematics** cannot explain why the universe is describable by math at all.
- **Quantum mechanics** cannot explain *why* randomness exists.
- **Evolutionary theory** cannot explain the origin of the first self-replicating molecule.

These are not small gaps. They are **foundational mysteries**.

And they are not shrinking – they are *growing*.

□ 2. The “One Mystery” Argument Is Outdated

The old scientific attitude was:

“Don’t invoke God just because you can’t explain one thing.”

But today’s reality is different.

We’re not dealing with **one** unexplained phenomenon. We’re dealing with **millions** of them – across every domain of science.

It’s like trying to explain a 10,000-piece puzzle with only 500 pieces.

At some point, the missing pieces stop looking like “random gaps” and start looking like **intentional design**.

□ 3. The Universe Behaves Like It Knows What It's Doing

This is the part scientists rarely say out loud, but everyone sees it:

The universe behaves as if it is guided.

- The laws of physics are *precise, stable, and mathematically elegant*.
- DNA is a *coded language* more advanced than any human programming.
- Consciousness behaves like something *non-material*.
- Quantum physics suggests reality is *information-based*, not matter-based.
- The universe produces complexity, order, and life against impossible odds.

If you saw this level of coordination in any human system, you would immediately assume **intelligence**.

So why not here?

□ 4. Giving the Benefit of Doubt Is Not Blind Faith – It's Rational Humility

When you see:

- overwhelming complexity
- persistent mystery
- mathematical elegance
- fine-tuning
- consciousness

- information
- purpose-like behavior

...you don't need to jump to dogma.

You simply say:

“Maybe intelligence is involved. And maybe that's okay.”

This is not anti-science. This is **pro-reason**.

It's the same logic we use everywhere else:

- If you see a coded message → you assume a coder.
- If you see a blueprint → you assume a designer.
- If you see a system → you assume an architect.
- If you see information → you assume intelligence.

Why should the universe be the only exception?

□ 5. The Most Reasonable Position Today

The most rational stance in 2026 is not:

- “Everything is random.”
- “Everything is predetermined.”
- “Everything is purely physical.”

The most rational stance is:

“Reality shows signs of intelligence. We don't fully understand it yet. But it's reasonable to give the benefit of doubt.”

This is not religion. This is not superstition. This is not

anti-science.

This is **intellectual honesty**.

□ **6. The New Scientific Frontier: Intelligence at the Core of Reality**

Across physics, neuroscience, cosmology, and information theory, a new idea is emerging:

Intelligence may be a fundamental property of the universe.

Not an old man in the sky. Not mythology. Not dogma.

But **a deeper, organizing intelligence** that:

- sets laws
- shapes complexity
- enables consciousness
- drives evolution
- sustains order
- and makes existence possible

This is not fringe. This is where science is heading.

□ **7. Final Thought: Reasonable People Follow Evidence, Not Ego**

When millions of unexplained phenomena point toward intelligence, the reasonable response is not to dismiss it.

The reasonable response is:

“Let’s explore this possibility with an open mind.”

Because the greatest discoveries in history always came from

people who dared to question the limits of accepted knowledge.

And maybe – just maybe – the next great discovery is that **intelligence is woven into the fabric of reality itself.**

Why Serve Krishna? The Secret Everyone Is Searching For

written by Bhaskarananda | July 23, 2026

Think about this.

When you work for a company on a big project – something meaningful, something that impacts thousands or millions – you feel a strange satisfaction.

You feel:

- connected
- purposeful
- valued
- part of something bigger

Even if the work is hard, even if the hours are long, you feel **happy** because you're contributing to a mission greater than yourself.

Now multiply that feeling by infinity.

That is what happens when you serve Krishna.

Why Service Gives Satisfaction

When you work for a company, you feel connected because you're part of the company's vision.

When you serve Krishna, you feel connected because you're part of **Krishna's eternal love**.

A company gives you:

- a salary
- a title
- a sense of belonging

Krishna gives you:

- eternal meaning
- eternal identity
- eternal love
- eternal connection

A company can appreciate you for a few years.

Krishna appreciates you **forever**.

The Real Reason Service Feels So Good

Here's the secret:

You feel satisfied when you serve because **the soul is designed to serve**.

Not forced. Not enslaved. Not pressured.

But naturally, joyfully, lovingly.

Just like a fish is satisfied only in water, the soul is satisfied only in **loving service to Krishna**.

Every other service – job, family, society – gives temporary satisfaction.

But serving Krishna gives **complete satisfaction**, because it reconnects you with your original nature.

Becoming Part of Radha-Krishna's Love

This is the heart of Bhakti.

You're not serving an impersonal force. You're not merging into energy. You're not dissolving into light.

You are becoming part of **Radha-Krishna's eternal love story**.

Their love is the source of all love in the universe.

Every drop of affection, friendship, romance, compassion – everything – comes from **Them**.

When you serve Krishna, you plug your soul back into that divine current.

And suddenly:

- life makes sense
- the heart feels full
- the mind becomes peaceful
- the soul feels at home

This is why devotees smile even during difficulties.

They are connected to the **original reservoir of pleasure**.

Why Krishna's Service Is the Highest Service

Serving Krishna is not like serving a boss.

A boss needs your work. Krishna does not.

A boss pays you. Krishna blesses you.

A boss forgets you when you leave. Krishna never forgets you – even when *you* forget Him.

Krishna doesn't need your service. **You** need Krishna's service.

Because service to Krishna is not about completing a task.

It's about completing **yourself**.

Krishna's Own Words (Bhagavad-gītā 9.29)

Krishna personally reveals how intimate the relationship becomes when someone serves Him with devotion:

“But whoever renders service unto Me in devotion is a friend, is in Me, and I am also a friend to him.” – Bhagavad-gītā 9.29

This is not poetry. This is not symbolism. This is Krishna's direct promise.

He enters the heart of His devotee, and He brings the devotee into His own heart.

There is no relationship deeper than this.

The Final Truth

Serving a company gives temporary satisfaction.

Serving Krishna gives **eternal satisfaction**.

Because:

- Krishna is the source of all love
- Radha-Krishna's relationship is the origin of all relationships
- The soul is fulfilled only when it reconnects with Them
- Service is the natural expression of that love

You don't serve Krishna to impress Him.

You serve Krishna because **your soul finally feels complete**.

And once you taste that connection, nothing else compares.

Bhakti Yoga: The King of All Yogas

written by Bhaskarananda | July 23, 2026

If you've ever wondered why the world has so many "yogas" – karma-yoga, jñāna-yoga, dhyāna-yoga – and why Bhakti-yoga stands above them all, this will make everything click.

This is not a modern interpretation. This is Krishna's own conclusion in the Bhagavad-gītā, supported by Śrīla Prabhupāda and the entire bhakti tradition.

Let's go.

Why Bhakti Is the King of All Yogas

Every yoga has a center – a motive.

Karma-yoga:

The center is **sense enjoyment**, purified and regulated. “I’ll do my duty and enjoy the results.”

Jñāna-yoga:

The center is **liberation**. “I want freedom from birth and death.”

Dhyāna-yoga:

The center is **mystical powers and deep concentration**. “I want mastery over the mind and subtle energies.”

But Bhakti-yoga?

Bhakti-yoga:

The center is **Krishna Himself**.

Not enjoyment. Not liberation. Not powers. Just Krishna.

And because Krishna is the source of everything, Bhakti naturally includes:

- karma (service)
- jñāna (knowledge)
- dhyāna (meditation)
- AND devotion

All harmonized. All balanced. All centered on the Supreme

Person.

That's why Bhakti isn't just another yoga. **It is the king – the sovereign path that contains all others.**

Why Balance Matters – And Why Bhakti Gives It Automatically

Here's the problem with isolated yogas:

- Service without knowledge becomes sentimental.
- Knowledge without service becomes dry and proud.
- Devotion without knowledge becomes unstable.
- Meditation without devotion becomes self-centered.

But Bhakti is different.

In Bhakti, you can **start anywhere** – chanting, reading, serving – and gradually all three grow together:

- Service awakens knowledge.
- Knowledge deepens meditation.
- Meditation strengthens devotion.
- Devotion inspires more service.

It's a **complete system**, not a fragmented one.

Even if the growth is slow or incremental, it is **holistic**.

Because Krishna is in the center.

Bhakti Connects You to

Krishna – Not Just His Energies

Most people approach spirituality to tap into Krishna's **energies**:

- peace
- strength
- clarity
- prosperity
- protection

But Bhakti is not about exploiting Krishna's energies.

It's about connecting with **Krishna Himself**.

Think of Duryodhana in the Mahābhārata. He asked Krishna for His **army** – His energy. Arjuna asked for **Krishna** – the Person.

And we all know who won.

Bhakti means choosing Krishna over His gifts.

Because when you have Krishna, everything else follows naturally.

Bhakti Means Knowing Krishna More and More

Bhakti is not blind emotion.

It is:

- knowing Krishna's teachings
- knowing His pastimes

- knowing His qualities
- knowing His names
- knowing His devotees
- knowing His heart

The more you know Krishna, the more you love Him. The more you love Him, the more you want to serve Him. The more you serve Him, the more He reveals Himself.

This is why Bhakti is the king of yogas:

It is a relationship, not a technique.

Krishna's Final Verdict (Gītā 6.47)

After describing all yogas – karma, jñāna, dhyāna – Krishna ends the Sixth Chapter with a thunderbolt:

“Of all yogis, the one who worships Me with devotion is the highest.”

This is Krishna's own conclusion.

Not a commentator's opinion. Not a philosophical debate. Not a cultural interpretation.

Krishna Himself declares the bhakta as the topmost yogi.

That settles it.

The Final Truth

Karma-yoga purifies your actions. Jñāna-yoga purifies your intelligence. Dhyāna-yoga purifies your mind.

But **Bhakti-yoga purifies you** – the eternal soul – and reconnects you with Krishna, the Supreme Person.

That's why Bhakti Yoga is the king of all yogas.

Because every other yoga is ultimately trying to reach what Bhakti gives from the very beginning:

A direct, loving connection with Krishna.

What Your Soul Has Been Searching for All Along

written by Bhaskarananda | July 23, 2026

Every material desire in the human heart – lust, greed, anger, envy, ambition – is actually a distorted echo of one missing experience:

Love for Krishna.

When the soul forgets its original relationship with Krishna, it begins searching for substitutes. It runs after people, achievements, possessions, and identities, hoping one of them will finally fill the inner void.

But the ancient sages explain that this emptiness is not psychological – it is spiritual.

□ Why We Chase Pleasure, Power, and People

Why does someone chase romance? Why does another chase wealth or fame?

Because the soul is hungry.

For lifetimes, we have tried to satisfy the heart with temporary things. But the soul is eternal – so temporary things can never satisfy it.

This is why the Bhāgavatam declares:

“By rendering loving service to the Supreme Lord, the soul becomes fully satisfied.” (SB 1.2.6 – yayātmā suprasīdati)

This single line reveals the entire mystery of human longing.

We are not chasing women, money, or status. We are chasing **connection** – but looking in the wrong direction.

□ Lust Is Misplaced Love

The teachings explain that:

- **Lust** is love pointed toward matter.
- **Greed** is the soul trying to feel full.
- **Anger** is the soul reacting to frustration.
- **Envy** is the soul feeling incomplete.

These emotions are not the root problem. They are symptoms of a deeper disconnection.

They whisper:

“You are searching for Krishna.”

□ What Happens When the Soul Turns Toward Krishna

The Bhagavad-gītā describes this transformation beautifully:

“One who tastes the higher happiness loses attraction for lower pleasures.” (Gītā 2.59)

And again:

“In that joyous state, one is situated in boundless transcendental happiness, realized through transcendental senses. Established thus, one never departs from the truth, and upon gaining this he thinks there is no greater gain. Being situated in such a position, one is never shaken, even in the midst of greatest difficulty. This indeed is actual freedom from all miseries arising from material contact.” (Gītā 6.20–23)

When the heart reconnects with Krishna:

- Lust weakens.
- Greed dissolves.
- Anger softens.
- Envy fades.
- The mind becomes peaceful.
- The soul feels complete.

Not because we forced ourselves to be detached – but because we finally tasted something higher.

□ **The Real Question: What Are You Searching For?**

Every longing you’ve ever felt... Every disappointment... Every craving... Every heartbreak...

All of them point to one truth:

The soul wants Krishna.

Not as a ritual. Not as a philosophy. But as a relationship.

When that relationship awakens, the chasing stops. The heart rests. Life becomes simple, joyful, meaningful.

Because the soul has finally found what it has been searching for across lifetimes.

And in that connection – yayātmā suprasīdati – the soul becomes completely satisfied.

Proof of Karma: Why Life's Unequal Beginnings May Not Be Random

written by Bhaskarananda | July 23, 2026

Pause for a moment and look at the world honestly.

Two children are born on the same day.

One arrives in comfort, health, and opportunity. Another opens their eyes in struggle, sickness, or conflict.

One child sings like a trained musician at age five. Another can barely concentrate.

One person is effortlessly charming. Another is ignored or rejected.

If life begins at birth, none of this makes sense. But the **Bhagavad-gita** gives a deeper, far more compassionate

explanation.

1. You Are Not the Body – You Are the Eternal Soul

Krishna begins with the foundation:

“As the embodied soul continually passes from boyhood to youth to old age, the soul similarly passes into another body at death.” – Bhagavad-gita 2.13

You’ve already changed bodies many times in this life. Death is simply the next change.

So birth is not the beginning. It’s a **continuation**.

2. Unequal Beginnings Are Not Random

Why do people start life with such different:

- talents
- health
- wealth
- intelligence
- emotional tendencies
- opportunities

If we only live once, it feels unfair.

But the Gita explains: **we carry our past actions, desires, and impressions (karma and samskaras) into the next body.**

Not as punishment. Not as blame. But as **continuity**.

Birth is a new chapter – not a new book.

3. Karma Makes Sense of the Mysteries of Life

Think about it:

Child prodigies

A five-year-old playing like a master? The Gita says they practiced before – in another life.

Unexplained fears

Terrified of water or fire without any reason? Past impressions can surface in the new body.

Dreams of unknown places

The mind carries subtle memories from previous journeys.

Different personalities from birth

Even newborns show distinct tendencies – because the soul arrives with history.

Vedic astrology

Your birth chart reflects the momentum you bring from previous lives.

Nothing is random. Everything is connected.

4. Reincarnation Is the Natural Continuation of Consciousness

Krishna states:

“For the soul there is never birth nor death... He is not slain when the body is slain.” – Bhagavad-gita 2.20

If consciousness survives death, it must continue somewhere. Reincarnation is simply the next step in the soul's journey.

5. The Real Purpose of Knowing Karma

The goal is **not** to obsess over past lives.

The goal is to take responsibility **now**.

If actions follow us beyond death, then:

- kindness matters
- discipline matters
- choices matter
- spiritual practice matters

And Krishna gives the highest promise:

“One who understands My divine appearance and activities never takes birth again.” – Bhagavad-gita 4.9

The real success is not a better next life. It is **ending the cycle** and returning to Krishna.

Final Thought

Maybe life isn't unfair. Maybe life is **longer** than we think.

Maybe the gifted child practiced before. Maybe today's fear began earlier. Maybe blessings are old seeds. Maybe struggles are lessons in progress.

You are not a temporary body starting at birth. You are an eternal soul on a long journey – moving through many lives until you choose to go home to Krishna.

Why the Laws of Karma Exist: The Supreme Purpose Behind Cause and Effect

written by Bhaskarananda | July 23, 2026

Imagine a world with no consequences. Cruel people thrive, honest people suffer, and exploitation wins. That would not be freedom – it would be chaos.

The **Bhagavad-gita** explains that karma is not blind punishment. It is a **perfect, personal system** created and supervised by **Sri Krishna** to maintain order, educate the soul, and guide us back to Him.

Karma is justice. Karma is education. Karma is mercy.

1. Karma Ensures Perfect Justice

Human justice is limited. Krishna's justice is flawless. Material nature works under His direction, ensuring no action is ever lost.

"This material nature is working under My direction..." – Gītā 9.10

2. Karma Educates the Conditioned Soul

Just as fire teaches through pain, karmic reactions teach us

through experience. They reveal the results of our choices and awaken spiritual understanding.

3. Karma Is a Classroom, Not a Courtroom

Krishna is not vengeful. He uses material nature like a compassionate teacher uses exams – to build humility, break pride, and remind us that this world is temporary.

4. Karma Preserves Responsibility

Without consequences, duty and morality would collapse. Karma gives meaning to integrity, self-control, and compassion. It keeps the universe morally functional.

5. Karma Breaks the Illusion of False Ego

The false ego claims: “I am the controller.” Karmic reactions prove otherwise. Failed plans, aging, and suffering show that we are not independent rulers.

“The soul bewildered by false ego thinks himself the doer...” – Gītā 3.27

6. Karma Reveals the Need for Purification

Karma pays off past debts but cannot cleanse the heart. Its purpose is diagnostic – it shows that material enjoyment is temporary and pushes us toward **bhakti**, the real cure.

“As fire turns wood to ashes, knowledge burns all reactions.” – Gītā 4.37

7. Karma Proves a Supreme Lawmaker

Law implies a lawmaker. The precise functioning of karma proves Krishna's intelligent supervision of the universe.

8. Karma Expands Universal Responsibility

Every being is a soul. Harming others – including animals – creates collective reactions. Understanding this elevates us to compassion and sattva-guṇa.

“Everything animate or inanimate is controlled and owned by the Lord.” – Īśopaniṣad 1

9. The Goal: Transcend Karma Through Bhakti

Even good karma binds us to rebirth. The goal is not better karma – it is **freedom from karma** through devotional service.

“By devotional service, sages free themselves from the results of work...” – Gītā 2.51

Bottom Line

Karma exists because your life is meaningful. Every experience is Krishna's invitation to grow, learn, and return to Him.

Material suffering forces us to face our past. Bhakti burns the root desire that creates karma.

The choice is ours: fight the laws of cause and effect, or understand their purpose and go back to Krishna.

Why Are There So Many Words... If We're Just Chemicals?

written by Bhaskarananda | July 23, 2026

Pause for a second.

Why do we have *so many words*?

Not just enough to survive—
but words for subtle emotions, for longing, for devotion, for
things we can't even explain.

If we are just chemicals reacting...

Why would chemistry need poetry?

The Strange Excess of Being Human

If life were only about survival, we'd need maybe a few dozen
words.

But instead, we created:

- poetry
- philosophy
- music
- stories that make us cry over imaginary people

That's not efficiency.

That's **overflow**.

And overflow always points to something deeper.

Who Is Actually Experiencing?

When you watch a movie:

- your eyes receive light
- your ears receive sound

That's all the body is doing.

But *you* feel everything:

- joy
- sadness
- tension
- goosebumps

So ask yourself:

Is the body experiencing?

Or is something else... using the body?

The Gītā's Simple Answer

The Bhagavad Gita gives a striking analogy:

*“As a person puts on new garments, giving up old ones,
the soul accepts new bodies, leaving the old behind.” (2.22)*

The body is like clothing.

Worn for some time.

Then replaced.

Which means:

You are not the body.

You are the **soul** wearing it.

The Nature of the Soul

The Gītā goes further:

*“The soul is never born, nor does it die...
It is eternal, ever-existing.” (2.20)*

“Weapons cannot cut it, fire cannot burn it...” (2.23)

The soul cannot be reduced to matter.

Yet it is the one that **experiences everything**.

The Real Insight

Modern thinking says:

Consciousness comes from the brain.

The Gītā flips it:

*“That which pervades the entire body is indestructible.”
(2.17)*

The soul is not produced by the body.

The body is a tool.

Final Thought

If you were just chemicals:

You wouldn't search for meaning.

You wouldn't feel beyond words.

You wouldn't need millions of ways to express yourself.

But you do.

Because you are not just a body.

You are the **soul**...

You're Maintaining the Wrong Thing

written by Bhaskarananda | July 23, 2026

Imagine this.

You just bought a car. Brand new. Shiny. Perfect.

You polish it every day.

You upgrade the sound system.

You obsess over tiny scratches like they're personal betrayals.

But you never ask the most important question:

Where am I actually going?

The 90-Year Car

Think of your body like a car you've been assigned for ~90 years.

Maintain it.

Fuel it.

Don't crash it.

But don't confuse it for *you*.

Because long before modern philosophy, the Bhagavad Gita made this distinction with brutal clarity:

"As a person puts on new garments, giving up old ones, the soul similarly accepts new material bodies, giving up the old and useless ones." (2.22)

Read that again.

Not metaphor. Not poetry for comfort.

A direct claim: you are not the body—you are the one changing bodies.

The Part We Ignore

There's something in you that hasn't aged the way your body has.

The child-you is gone.

The teenage-you is gone.

Even last year's version of you is gone.

But *you* are still here.

The Gita doesn't leave this vague:

*"For the soul there is neither birth nor death at any time.
It is unborn, eternal, ever-existing, and primeval.
It is not slain when the body is slain." (2.20)*

That's not a soft spiritual suggestion.

That's a **hard ontological claim**:

The driver does not die when the car breaks down.

The Car Swap No One Talks About

We replace cars without emotional collapse.

Old one fails → get a new one.

Simple.

But when it comes to the body, we panic.

Why?

Because we've built our entire identity around the vehicle.

The Bhagavad Gita calls out this confusion directly:

“As the embodied soul continuously passes, in this body, from childhood to youth to old age, the soul similarly passes into another body at death.” (2.13)

Look at the logic.

You’ve already experienced multiple “versions” of your body in *this* lifetime.

Child → youth → adult

The Gita simply extends the same principle one step further:

Body change doesn’t stop at death.

Why This Changes Everything

If you really take this seriously—even 10% seriously—your life starts to reorient.

You still take care of your body.

But now it’s like maintaining a vehicle you’ll eventually hand back.

Not something you cling to as your identity.

And suddenly, your questions evolve:

- Not “How do I look?” → but **“What am I becoming?”**
- Not “How long will I live?” → but **“What carries beyond this life?”**
- Not “How perfect is my body?” → but **“How aligned is my consciousness?”**

Because if the Gita is right...

You're playing a much longer game than you thought.

The Real Maintenance Plan

Yes—maintain the body.

Eat well.

Move often.

Sleep properly.

But don't overinvest in something temporary while neglecting something eternal.

The Gita gives a subtle but powerful warning about misplaced focus:

“Those who are attached to the temporary... cannot fix their minds on the eternal truth.” (paraphrasing core theme from Ch. 2 & 8)

In other words:

If all your attention is on the car, you forget the driver.

The Mic-Drop Insight

Here's the uncomfortable truth:

One day, this body will stop working.

Not because something went wrong.

But because that's what bodies do.

The real question is—

When that moment comes...

Will you panic like someone losing everything?

Or stay steady like someone simply... switching vehicles?

Final Thought

The Bhagavad Gita doesn't ask you to neglect the body.

It asks you to **see it clearly**.

A tool.

A vehicle.

A temporary interface.

So maintain it well.

But don't forget:

You were never the car.

You were always the one driving it.